

Le Âme

The Breakfast Menu

PASTRIES

Croissant • Blueberry Muffin **GF** • Cinnamon Roll • Pain au Chocolat • Coffee Cake Muffin

Juice

- EASY GREEN** 12
Apple, Kale, Mint, Pineapple, Spinach
- THE RED ROOT** 12
Beet, Carrot, Celery, Lemon, Spinach, Turmeric
- PARISIAN CURE** 12
Carrot, Apple, Cucumber, Ginger, Lemon

Immunity Shot 5 Ginger, Turmeric, Lemon

Smoothies

- HEALTHY GREEN** 13
Kale, Spinach, Pineapple, Green Apple, Banana, Avocado, Date
- COCOA PROTEIN** 13
Cold Brew Coffee, Chocolate Whey Protein, Peanut Butter, Banana, Coconut Oil
- STRAWBERRY BANANA** 13
Coconut Cream, Wildflower Honey, Apple, Pineapple, Bee Pollen

THE SKIN SMOOTHIE *by* Augustinus Bader 18

Blue Spirulina, Collagen, Ashwaganda, Beet Root Extract, Zinc, Probiotic Blend, Honey, Folic Acid, Vanilla, Banana, Pineapple, Coconut Milk

MAINS

- GREEK YOGURT PARFAIT** 15
Ancient Grain Granola, Fresh Berries, Honey **GF VEG**
- AVOCADO TOAST** 16
Radish, Lemon Oil, Sunflower Seed, Sprout **VEG** *Add Soft Boiled Egg* 3*
- AMERICAN BREAKFAST*** 20
Two Eggs *any style*, Smoked Bacon, Potatoes, Choice of Toast
- FRENCH OMELET*** 18
Gruyère, Fontina, Chive, Petite Greens, Potatoes **GF VEG**
- QUINOA BREAKFAST SCRAMBLE** 18
Chicken Sausage, Scrambled Eggs, Pepper Jack, Avocado, Black Beans, Roasted Corn, Potato, Asparagus
- BRIOCHE EGG SANDWICH*** 18
Fried Egg, Avocado, Smoked Bacon, Havarti, Garlic Aioli, Potatoes
- PANCREPES** 16
Strawberry Preserves, Salted Butter, Pure Maple Syrup **VEG**
- PINK DOLPHIN BURRITO *or Bowl*** 18
Scrambled Egg, Avocado, Queso Oaxaca, Smoked Bacon, Potato, Salsa
- BAGEL & LOX*** 25
Bagelfeld's Everything, Red Onion, Caper, Cucumber, Dill, Cream Cheese
- CARAMELIZED BRIOCHE FRENCH TOAST** 20
Apple Butter, Pure Maple Syrup **VEG**
- LE PIG*** *Served on an Everything Croissant* 18
French Ham, Scrambled Egg, Gruyère, Aioli, Potatoes
- AVOCADO & EGG WHITE BOWL** 17
Havarti, Quinoa, Sweet Potato, Mushroom **GF VEG**

BENEDICTS

Sourdough English Muffin, Hollandaise, Potatoes, Petite Greens

French Ham*...19 Crispy Jambon **Oscar***...39 Lump Crab, Asparagus, Chives

Sides

Avocado 6 • Potatoes 8 • Smoked Bacon 8 • Pork Sausage 8 • Chicken Sausage 8
Fresh Berries 7 • Bagelfeld's Bagel & Cream Cheese 8 • English Muffin 6

COFFEE & ESPRESSO

- MATCHA LATTE** 7
Ceremonial Matcha, Honeyed Oat Milk
- GOLDEN TURMERIC LATTE** 7
Turmeric, Cardamom, Ceylon, Honey, Oat Milk
- TWO SHOTS IN THE DARK** 7
Slow-Steeped Coffee, Espresso, Chantilly Whip, Chocolate
- VANILLA SPICED LATTE** 7
Espresso, Oat Milk, Vanilla, Cinnamon, Clove
- LE QUICK FIX *Shaken Espresso*** 7
Choice of: Caramel+Mocha | Raspberry+Cocoa | Vanilla+Hazelnut

ESPRESSO 5 | AMERICANO 5/6
CAPPUCCINO 6.5/7.5 | LATTE 6.5/7.5
MACCHIATO 6.5 | MOCHA 7/8

French Press

12

Slow-Steeped Global Roast

SERVES 2

GF gluten-free **VEG** vegetarian

*These items may be served raw or undercooked or contain allergens. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. While we offer gluten-free items, our kitchen is not gluten-free.