

THE GLOBAL AMBASSADOR

The SPA



DISCOVERY

VITALITY

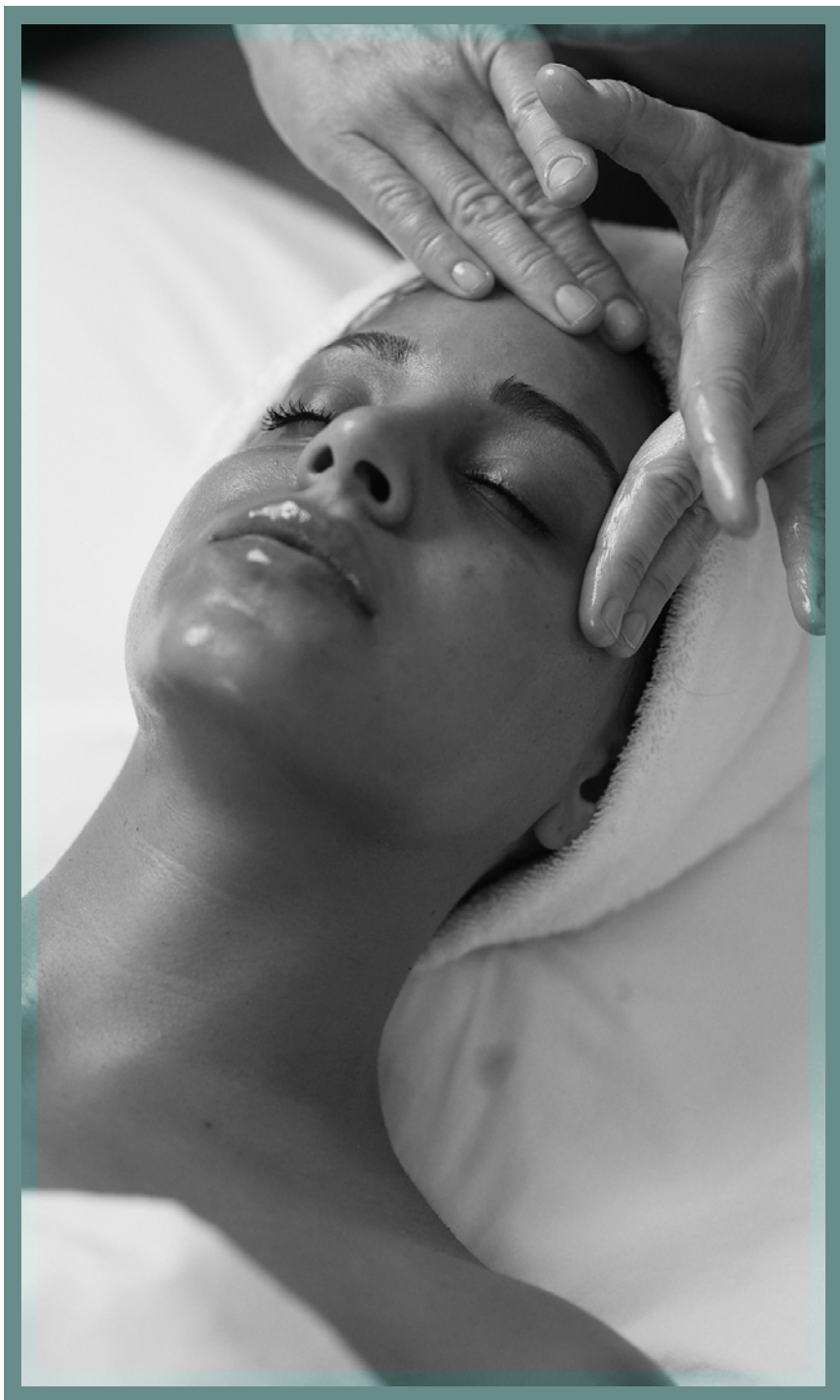
NOURISHMENT

RENEWAL

LONGEVITY

CONNECTION

The Spa at The Global Ambassador is a space for personal discovery, inspired vitality and luxury nourishment to transform you to an optimal state of well-being. Expertly designed treatments and practices will put the mind and body in perfect balance.



Skin

PHILOSOPHY

With a commitment to advanced skincare with performance-driven solutions, we curate specially designed luxury treatments and products to reveal a revitalized, radiant and youthful complexion.

BESPOKE SIGNATURE FACIAL

Results Discover / Preventative / Radiant

Experience a highly personalized treatment tailored to your unique skin goals and concerns. It begins with a thorough skin analysis and consultation to identify your skin type and focus areas. Your esthetician will select products and techniques designed specifically for your skin's needs. With a bespoke facial, you can relax knowing your skin is getting what it needs to achieve optimal beauty and health.

60 MINUTES | 90 MINUTES

THE METHOD BY AUGUSTINUS BADER

Results Hydrate / Rejuvenate / Sculpt / Tone

Optimize your skin by combining gentle fascial and lymphatic flow techniques with Augustinus Bader's revolutionary TFC8®. The Method uses Augustinus Bader's groundbreaking technology to create a one-of-a-kind, highly sophisticated facial experience. This facial will boost cellular turnover, regeneration and hydration while rejuvenating the skin.

60 MINUTES

THE ADVANCED METHOD BY AUGUSTINUS BADER

The ninety minute includes oxygen infusion, LED, microcurrent, and cryotherapy to help tighten, tone, and revitalize the skin for a noticeably sculpted appearance.

90 MINUTES

MEN'S FACIAL BY AUGUSTINUS BADER

Results Hydrate / Energize / Purify

The men's facial is a refreshing experience that provides deep pore cleansing, exfoliation, and hydration with a vigorous face, neck, and shoulder massage. The products and techniques address the unique features of a man's thicker dermis and sensitivity from shaving, leaving the complexion looking clean, smooth and energized. This facial also includes our Oxylight LED light treatment.

60 MINUTES | 90 MINUTES

OXYLIGHT LIFT & SCULPT

Results Transform / Sculpt / Lift / Tighten

This customized facial integrates the most requested innovative anti-aging techniques in one facial treatment with the Six Modality Oxylight Sapphire. The treatment begins with analyzing the skin to determine the most effective combination of modalities including radio frequency and microcurrent, plus each facial will conclude with powerfully rejuvenating LED and oxygen infusion. This treatment will leave your skin rejuvenated; resulting in bright, radiant, lifted and tightened skin with reduced fine lines and improved texture and tone.

60 MINUTES | 90 MINUTES

BIOLOGIQUE RECHERCHE BESPOKE

Results Enhance / Detox / Nourish / Radiant

A hyper-customized experience exclusively designed to provide an instant lifting effect that exfoliates, hydrates, tightens and protects. The Biologique Recherche facial uses a cold methodology for its draining, decongestant, and firming effects. The skin is instantly transformed using a specialized sequence of massage techniques and a highly effective personalized combination of active ingredients.

60 MINUTES | 90 MINUTES

ENVIRON AGE-DEFYING SKIN RITUAL

Results Enhance / Brighten / Detox / Sculpt

Dramatically reduce the appearance of fine lines, wrinkles, lax skin, uneven tone and texture with this powerful facial using Environ vitamins A, C, E and peptide serums. Your skin will appear visibly more radiant, tighter and smoother resulting in a glowing, healthier-looking complexion.

60 MINUTES | 90 MINUTES

U BEAUTY SIREN GLOW FACIAL

Results Resurface / Detox / Smooth / Brighten

Promotes gentle exfoliation, cell turnover, and brightens the skin while helping to reverse signs of aging. This facial treatment optimizes the skin's collagen and elastin to soften lines and provide an immediate lift. Enhanced with stamping, a scalp massage and manual techniques to boost circulation, it leaves you with glass-like skin with a cushiony bounce and dewy radiance.

60 MINUTES

Skin Enhancements

DERMAPLANE

Results Exfoliate / Brighten / Smooth

Enjoy instant results as you reveal your brightest, smoothest complexion. Dermaplaning exfoliates and removes fine hair that traps oil and bacteria.

FACIAL WAX

Results Smooth / Refine

Choose eyebrow, lip, chin, nose or ears.

THERAFACE MASK

Results Soothe / Firm / Enhance

Delivers full-face coverage, delivering clinically proven light therapy evenly across the entire face using 684 medial grade LED lights to visibly improve overall skin health.

OXYLIGHT SAPPHIRE

Results Transform / Sculpt / Lift / Tighten

LED Panel, Ultrasound, Microcurrent and Microdermabrasion.



EYEBROW SHAPE + TINT

Brows will be waxed and tweezed into a custom shape to accentuate your unique facial features. Add tint to your brow for more defined and bolder brows.

30 MINUTES

MAKEUP

Our artists deliver natural or dramatic makeup for all skin tones and styles. Enhance with faux lashes.

45+ MINUTES

BLOWOUT

Choose your look with clean wet or clean dry hair. Wet styling includes complete blowout and style. Dry styling includes straightening or adding waves or curls to hair of all textures. Enhance with a conditioning treatment or hydrating masque. Services also available in your guest room upon request.

45+ MINUTES



Body

PHILOSOPHY

With modalities grounded in science, drawing from both global traditions and ancient therapies, to achieve visible results that target core elements like circulation, digestion, skin tone, detoxification and texture. A therapeutic approach to optimize overall wellbeing.

MOVA BRAZILIAN LYMPHATIC MASSAGE & SCULPT

Results Sculpt / Tighten / Contour / Detox / Slim

The silhouette is redefined with this slimming and firming treatment. MOVA, our exclusive signature treatment, stimulates metabolism, combats cellulite and reduces inches by eliminating toxins, bloat, and excess water weight retention. Relax while a skilled therapist sculpts and contours your silhouette using a combination of special massage techniques, mechanical massage and suction to reveal a more refined and radiant you. Results can be seen and felt after the first session.

Includes lymphatic face lifting to tighten and contour.

RECOMMENDED ADD-ON: *Infrared Sauna*

60 MINUTES | 90 MINUTES

BIOLOGIQUE RECHERCHE SILHOUETTE SHAPER

Results Contour / Sculpt / Tone / Balance

The Biologique Recherche regimen contours and shapes the waist, thighs, hips and targets cellulite. This stimulating, contouring body treatment combines lymphatic drainage, deep anti-cellulite massage and glove sculpting to shape and contour the lower body. It is enhanced by concentrated active ingredients that stimulate tissues and help break down adipose cells to create a more contoured shape while making the skin look smooth and toned. Clinically proven to reduce the appearance of cellulite and achieve a visibly softer, smoother and firmer look and feel in one session.

90 MINUTES

BIOLOGIQUE RECHERCHE CUSTOMIZED BODY EXFOLIATION

Results Exfoliate / Brighten / Renew / Hydrate

Exfoliate and renew the body with Biologique Recherche active ingredients and invigorating massage techniques. A combination of acids and mechanical exfoliation bring this treatment to another level. Skin will be instantly hydrated, brightened and renewed.

60 MINUTES

U BEAUTY RESURFACING BODY GLOW TREATMENT

Results Exfoliate / Smooth / Renew / Glow

Using powerful exfoliants to penetrate the body's thicker, dryer skin, this resurfacing body ritual helps shed accumulated dead skin cells while relieving tension and reveals skin with a newly evened texture and beautiful tone. It delivers deep, sustained hydration for skin that's buoyant and uniformly even with a healthy, satiny finish.

RECOMMENDED ADD-ON: *U Beauty Arm Sculpt*

60 MINUTES

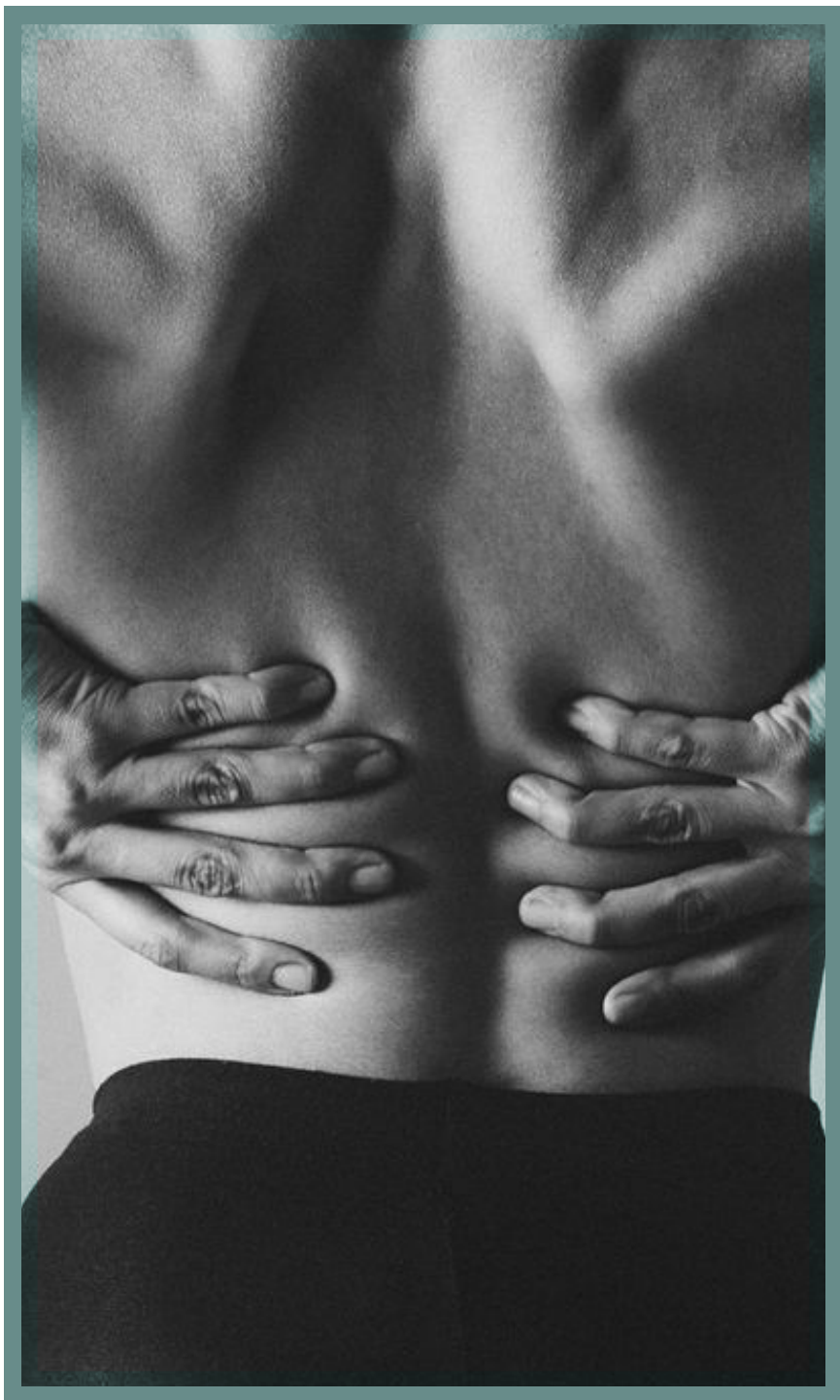
STRUCTURAL LONGEVITY MESSAGE

Results Vitality | Longevity | Reset | Discover

This is a comprehensive therapeutic treatment designed to rest the nervous system and optimize structural integrity. This treatment blends advanced bodywork techniques, including fascia reprogramming and myofascial release, to reduce inflammation, promote deep cellular healing and release structural tension. The treatment is enhanced with Pulsetto Vagus Nerve Stimulation, magnesium oil, targeted breathwork and abdominal massage with lymphatic drainage to activate your circadian rhythm and support gut-brain wellness. Complete with a rejuvenating 15-minute infrared sauna session. This hybrid approach merges the proven benefits of human touch with cutting-edge wellness technology to promote overall vitality.

Includes 15 minute Infrared Sauna Session

90 MINUTES | 120 MINUTES



Massage

PHILOSOPHY

Fusing muscle, mind and spirit, we integrate science-backed performance techniques and ancient therapeutic practices to treat the whole body.

BESPOKE

Results Discovery / Balance / Soothe / Recharge

Experience a personalized wellness journey featuring your choice of Swedish, Deep Tissue or a fusion of both techniques for a truly therapeutic experience to relax, energize and rejuvenate.

60 MINUTES | 90 MINUTES | 120 MINUTES

DEEP TISSUE

Results Detox / Energize / Vitality / Enhance

Our deep tissue massage targets chronic patterns of tension and pain through focused, therapeutic techniques. Using direct, concentrated pressure and slow strokes on specific areas of concern to release tension, alleviate muscular aches and restricted mobility while increasing energy levels.

60 MINUTES | 90 MINUTES | 120 MINUTES

GLOBAL TRAVELER

Results Detox / Recharge / Repair / Reset

A revitalizing full body treatment designed to boost circulation, ease fatigue and leave you refreshed to make the most of your stay, whether recovering from a flight or a lively night out. Begin with a detoxifying dry body brush, followed by an energizing full body massage infused with magnesium and essential oils. Relax with a restorative scalp massage and a cooling hydrogel eye mask to deeply hydrate and brighten. The ideal reset to restore balance and vitality.

90 MINUTES | 120 MINUTES

REFLEXOLOGY

Results Ground / Reset / Balance / Renew

Reflexology is an ancient, holistic therapy that assists in healing the entire body through the feet, hands and ears. Reflex points on these areas correspond to the rest of the body and when stimulated, provide a therapeutic healing response to all internal glands, organs and structures.

60 MINUTES

COUPLES

Experience highly personalized massage treatments for two for ultimate relaxation and connection.

60 MINUTES | 90 MINUTES | 120 MINUTES

SLEEP + RESTORE

Results Nourish / Balance / Replenish / Holistic

A restorative stress and sleep intervention designed to recharge the body and calm the mind. You will leave feeling rested, centered and energized. This slow, meditative experience blends magnesium-infused essential oils with deep flowing massage to ease muscle tension, quiet the mind and restore balance. A breathing nasal strip enhances each breath throughout the session supporting relaxation and clarity, and is yours to take home to extend the benefits of deep relaxation and sleep. Emerge feeling rested, centered- grounded and re-energized with an overall sense of renewed vitality and wellbeing.

60 MINUTES | 90 MINUTES | 120 MINUTES

ACUPUNCTURE INTEGRATION

Results Balance / Reset / Discover / Holistic

A fusion of Traditional Chinese Medicine and massage techniques creates a deeply therapeutic experience. This treatment blends multiple massage modalities with acupuncture, cupping and moxibustion to restore balance in both Qi (energy) and the physical body. It offers a holistic, comprehensive approach to maintaining well-being in the modern world.

60 MINUTES | 90 MINUTES | 120 MINUTES

REIKI OR CRANIOSACRAL THERAPY

Results Refresh / Soothe / Balance

A holistic approach to enhance health and wellbeing. A gentle practice of detection and correction that encourages the body's natural healing to dissipate the adverse effects of stress on the central nervous system.

Reiki, an art of hands-on energy healing, is derived from Japan, meaning Rei (Universal) and Ki (Life Energy).

Craniosacral is a gentle, light touch massage to release tension to the fascia, promoting pain relief from headaches and neck pain.

60 MINUTES

EXPECTING

Results Nourish / Soothe / Relax

Tailored for the second and third trimesters, this nurturing massage provides comfort and care for both mother and baby. Our certified prenatal massage therapists use gentle, supportive techniques to ease backaches, soothe stiff necks and relieve tired legs — all while promoting deep relaxation and connection. Enjoy a soothing foot polish and massage, complemented by an ultra-gentle organic shea butter balm infused with botanicals to deeply hydrate and help prevent stretch marks. Your treatment includes a take-home Concreta balm to continue nourishing the skin beyond your visit.

60 MINUTES | 90 MINUTES

— Massage Enhancements —

FULL BODY DRY BRUSH

Results Detox / Exfoliate / Invigorate

Full-body dry brushing boosts your lymphatic system while removing the superficial impurities from your skin.

MAGNESIUM

Results Replenish / Vitality / Enhance

Boost your massage with topical magnesium chloride to ease muscle tension, soothe soreness and enhance relaxation.

HOT STONE

Results Relief / Detox / Nourish

Experience the soothing warmth of hot stones to relax muscles, ease tension and deepen your massage

FULL SPECTRUM CBD

Results Soothe / Balance / Align

Revive tired and fatigued muscles with Antara specially formulated CBD balm applied to target tight areas as a spot treatment to reduce pain and inflammation.

INFRARED SAUNA

Results Detox / Resilience / Glow

Massage benefits can be maximized when paired with an infrared sauna. Prior to your massage you will feel relaxed with your muscles warm and in prime condition for deep tension release.

Following your massage, you will experience detoxifying benefits as near, far & mid infrared wavelengths penetrate the tissue whisking accumulated toxins and waste out of your system.

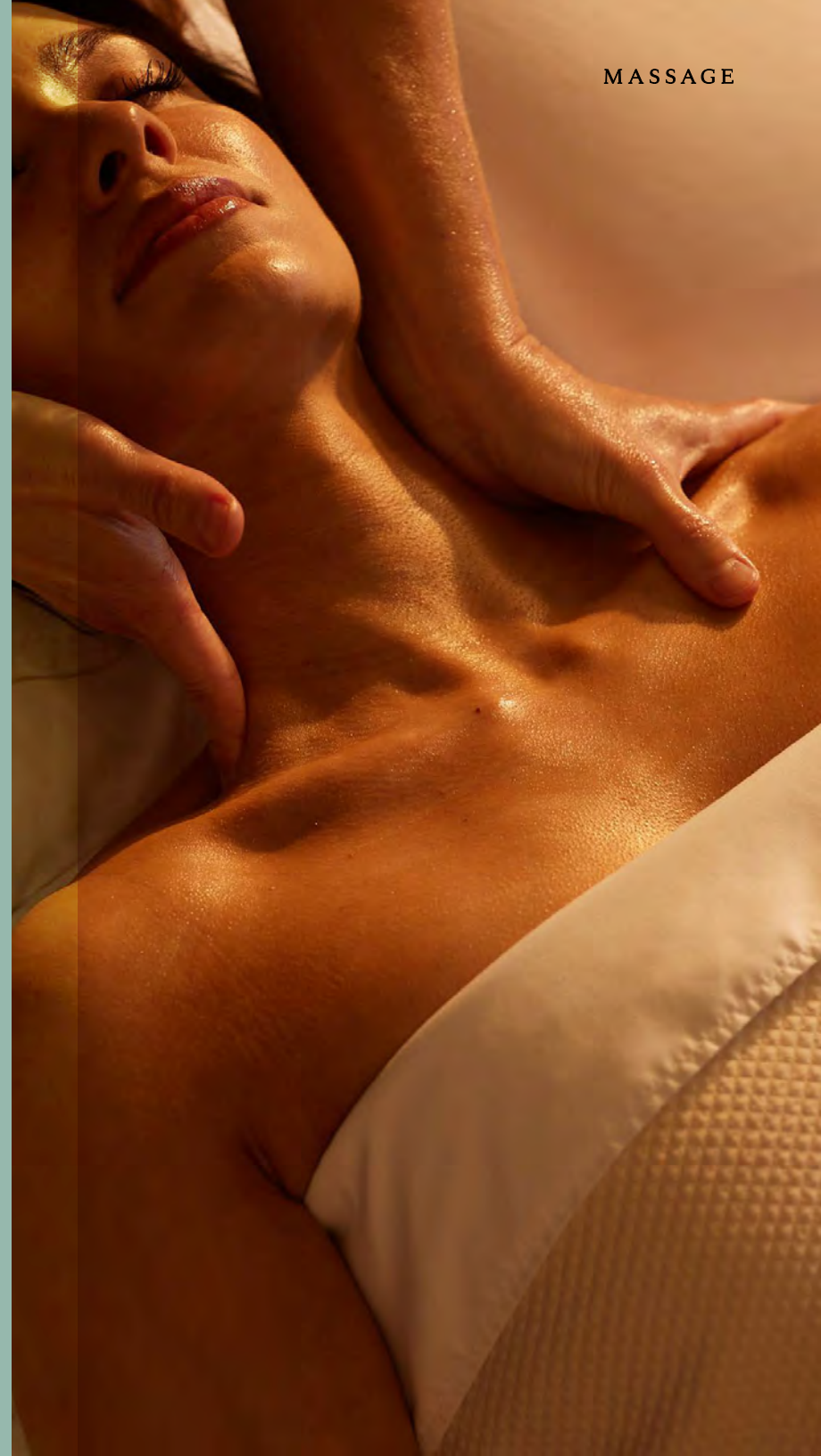
30 | 60 MINUTES

CRYOTHERAPY

Results Detox / Reinvigorate / Refresh

Amplify your massage with a full body cryotherapy session to increase caloric burn and trigger a natural anti-inflammatory response. The release of norepinephrine will also help you feel more relaxed during your massage.

UP TO 3.5 MINUTES



PARTNERS



AUGUSTINUS BADER

Having redefined personal care with their cell renewal technology, TFC8®, Augustinus Bader now reinvents luxury wellness with their high-performance treatments and we are the first to offer them in Arizona. TFC8® supports the body's innate renewal processes to visibly reduce signs of aging and damage caused by environmental stressors, leaving the skin looking restored, regenerated, and glowing with health.

ENVIRON

Introducing a collaboration with the premium brand Environ. We uniquely offer Environ's specialized range of skincare and treatments. Environ products are enhanced with high-grade vitamins A, C, E, antioxidants and peptides, delivered through an innovative industry leading Vitamin STEP-UP SYSTEM™. Created to help skin become gradually more comfortable with increasing levels of vitamin A and a variety of antioxidants, flavonoids and peptides that keep it looking healthy.



BIOLOGIQUE RECHERCHE

We are proud to be one of the few spas entrusted to provide Biologique Recherche's highly customized, results-driven French methodology. The world-renowned luxury cold-pressed skincare line and treatment protocols utilize unique formulas using pure, concentrated, active products to provide a clinical approach. Each treatment is meticulously developed with a skin care need in mind to enable a truly bespoke experience.

PARTNERS



U BEAUTY

As the sole U.S. provider of U Beauty's spa treatments, we offer exclusive access to these cutting-edge treatments. Known for its award-winning, high-performance, science-driven products, U Beauty delivers superior skincare comprehensively and efficiently with a unique delivery of key anti-aging actives to the skin through a proprietary encapsulation process.

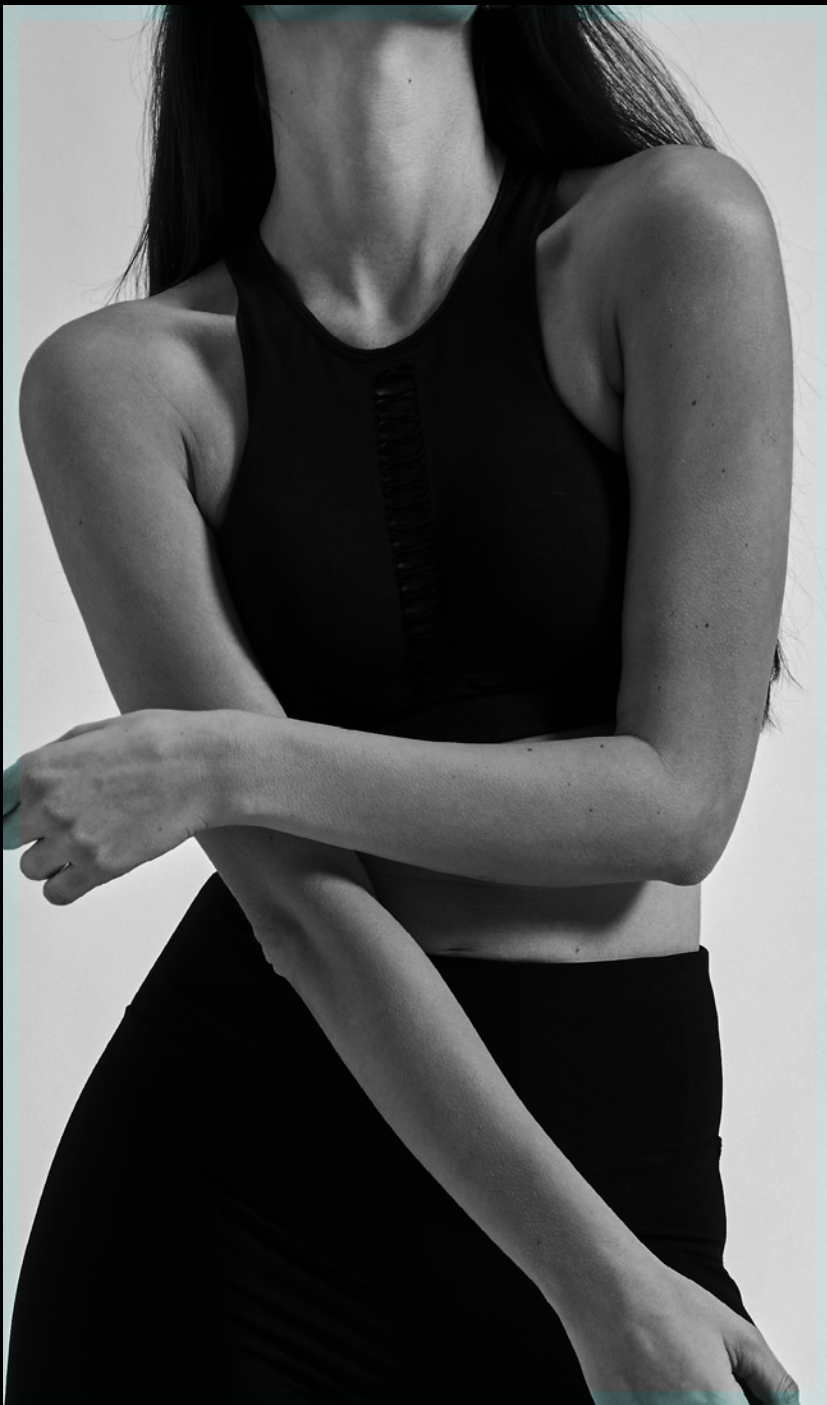
MOVA BY CAMILA PEREZ

As the sole spa in our region to offer the Mova High Definition Lymphatic Drainage Treatment, we exclusively provide this breakthrough body sculpting technique. This treatment increases Lymph and Blood flow and, with specific movements, releases superficial connective tissue, opening space and breaking adhesions to improve the circulatory flow.



OXYLIGHT SAPPHIRE

As the only hotel spa to locally offer treatments with the advanced Oxylight Sapphire technology, we provide exclusive access to its unparalleled rejuvenating benefits. The Oxylight Sapphire utilizes patented technology to deliver a non-invasive treatment that stimulates collagen production, reduces inflammation and accelerates healing for smoother, firmer, more vibrant skin.



Recovery

PHILOSOPHY

The synergy between physical and mental recovery is recognized, with the understanding a healthy body and a sound mind are interconnected. Biohacking technologies and innovative practices facilitate and optimize healing and performance.

CRYOTHERAPY

Results Detox / Reinvigorate / Refresh

Burn calories, diminish fat and cellulite, produce collagen, and reduce pain and inflammation in 3.5 minutes. Exposure to ultra-low temperatures trigger beneficial effects in the body and brain. In addition to accelerating weight loss, the body's natural reaction to cold therapy causes improved circulation, increased energy, better sleep and improved mood.

UP TO 3.5 MINUTES

FULL-SPECTRUM INFRARED SAUNA

Results Detox / Resilience / Glow

Our two infrared saunas use near, mid and far-infrared waves to safely penetrate the skin to increase the body's core temperatures, supporting detoxification, muscle repair, cardiovascular health, relaxation, weight loss, pain relief, skin purification and cell health.

30 MINUTES | 60 MINUTES

IV HYDRATION

Results Hydrate / Purify / Recharge

Utilizing fluids, electrolytes, essential nutrients, vitamins and minerals to recover quickly, enhance immunity, rehydrate and reduce inflammation to feel better faster. Support immunity, boost metabolism or promote performance.

60+ MINUTES

THERABODY RECOVERY COMPRESSION

Results Rejuvenate / Enhance / Sustain

Relax and recharge your legs with the most customizable compression system in recovery with the Pneumatic Compression System. Adjust an array of pressure and time settings of four preset programs, or start with four unique inflation cycles or go freestyle with PRO mode.

30 MINUTES

PEMF

Results Enhance / Renew / Align

PEMF (Pulsed Electromagnetic Field) therapy increases cell energy production, immunity, detoxification and assists in overall well-being.

30 MINUTES



BIOHACKING CIRCUIT

Results Rejuvenate / Detox / Sustain

Our signature Biohacking Circuit will optimize your wellness and recovery routine. Combining four powerful therapeutic modalities: infrared sauna, cryotherapy, PEMF (*Pulsed Electromagnetic Field therapy*) and targeted leg compression therapy. This comprehensive approach delivers a wellness experience that addresses multiple aspects of physical recovery and performance optimization.

90 MINUTES



Body + Mind

PHILOSOPHY

Movement and recovery are the foundation of sustainable fitness. Our team of Fitness Experts will support you in a tailored plan aimed at maximum efficiency and peak performance.

PRIVATE PERSONAL TRAINING SESSION

Results Transform / Flexibility / Strength / Tone

Our certified Personal Trainers focus on functional movement that will increase your performance and vitality. Meet your fitness goals and make an impact on your personal fitness and well-being.

60 MINUTES

PERSONAL TRAINING SESSION FOR 2, 3 OR 4

Results Align / Endurance / Strength

You and your partner inspire each other while your trainer enhances your performance to achieve your fitness goals.

60 MINUTES

SMALL GROUP PERSONAL TRAINING SESSION

Results Energize / Teamwork / Discover / Community

Your group will be challenged in a fun and inclusive environment to push harder and deeper. Enhance performance and achieve goals as the trainer curates the perfect workout suited to your small groups' needs.

60 MINUTES *Up to 4 people*

PRIVATE FITNESS OR YOGA CLASS

Results Personalized / Results / Energy

Enjoy focused attention with a customized class in a motivating small group setting.

45 MINUTES | 60 MINUTES | 90 MINUTES *Up to 10 people*

PRIVATE FORMA PILATES CLASS

Results Ground / Improve / Sculpt

One on one or up to four people can experience a FORMA pilates session using Liana Levi's FORMA method with focused and personalized instruction and tailored guidance for improved strength, flexibility and posture.

60 MINUTES *Available as a duet or group class up to 4 people*

GUIDED SMALL GROUP HIKES

Results Teamwork / Endurance / Discover / Community

Our guide will support you on your hike as you are challenged to make the vertical ascent up Camelback Mountain and are rewarded with one of the most breathtaking views of Phoenix and Scottsdale.

2 HOURS

PARTNERS



FORMA

Founded in 2020 by Los Angeles native Liana Levi, Forma Pilates is a luxury boutique-style pilates studio with the most in-demand and exclusive workout on the market. Most known for its athletic approach to pilates, Forma Pilates has fostered a tight-knit community with studios across California, Texas and New York. It is now available exclusively in Arizona at The Global Ambassador.

POWER PLATE

Power Plate's patented PrecisionWave™ Technology is engineered to activate the body's natural reflexive response to precision vibration, engaging the muscles in a consistent and controlled manner that results in accelerated training benefits. These multi-directional vibrations activate muscles, burn calories, improve circulation and assist in muscle recovery. Benefits include enhanced strength, flexibility and reduced muscle soreness through whole-body vibration and resistance training. Including enhancing neuromuscular function, resulting in improved fitness and recovery.



THERABODY | THERAGUN

Their mission is to provide you with the effective natural solutions you need to take charge of your daily wellness. They've combined education, innovation and over a decade of pioneering within the tech wellness space to make wellness more accessible to everybody.

PARTNERS



THE NESS STUDIO

The ultimate boutique fitness destination, where trampoline-cardio meets sculpt-and-strength in a high-energy, low-impact format. This dance-inspired movement method fuses cardio with muscle-sculpting for full-body results, while fostering a tight-knit community of movers and shakers. The Ness brings joy to movement and now its signature experience is available exclusively in Arizona at The Global Ambassador.

TECHNOGYM

For more than 35 years, Technogym has been the global exercise expert - be it fitness, health or sports. Technogym brings wellness through movement with a mission to engage in physical activity, correct nutrition and a positive mindset.



ELEIKO

Based in Halmstad, Sweden, Eleiko offers a wide range of high-quality weightlifting, powerlifting and strength and conditioning products. They draw inspiration from international competitions, striving to provide athletes and coaches with superior tools for maximum physical strength. Each barbell is meticulously crafted from special Swedish steel, ensuring unmatched performance and quality.

CLASSES

Forma Pilates

REFORMER

Results Sculpt / Refine / Tighten / Tone

Discover the art of precision and strength in our 60-minute Forma Method reformer pilates workout. With a keen emphasis on form, technique and posture, we sculpt your body by targeting small muscle groups through deliberate and controlled movements. Our tailored sessions cater to your unique needs while challenging you to build endurance and strength, all within a luxurious 360° approach to private training designed to enhance, heal and nourish your body.

60 MINUTES

MAT

Results Sculpt / Refine / Tighten / Tone

Experience the essence of Forma Pilates in our dynamic mat pilates class. This full-body workout, rooted in Forma's signature programming, prioritizes precision and posture, helping you sculpt your body through deliberate movements targeting small muscle groups. Our tailored sessions adapt to your individual needs, providing a challenging path towards enhanced endurance and strength.

60 MINUTES

The Ness

BOUNCE & SCULPT

Results Vitality/ Tone / Balance

Experience NYC's cult-favorite trampoline workout, exclusively at Global Ambassador. Enjoy a high-energy, full-body workout that's easy on your joints but big on results. Boost your mood, build strength, and support your lymphatic system for a natural, post-class glow.

60 MINUTES



CLASSES

Cardio & Strength

POWER

Results Strength / Endurance / Enhance

Experience an exhilarating High-Intensity Interval Training (HIIT) class that forges strength, power, and speed. Supercharge your functional fitness.

60 MINUTES

Yoga

VINYASA YOGA

Results Power / Strength / Endurance

Link breath to movement with a focus on balance, core strength, flexibility, and restoration. Open to all levels.

60 MINUTES

MEDITATION

Results Harmony / Presence / Reset

Experience an opportunity to relax and be present as you are guided through a peaceful evening meditation by our talented instructors.

60 MINUTES

Strength

SCULPT

Results Enhance / Strength / Endurance

Move with power in this beat-driven sculpt class that fuses the grace of barre, the strength components of resistance training and core precision. Interval cardio bursts keep you energized while controlled, flow-based sequences challenge your whole body.

60 MINUTES



THE EXPERIENCE

THE SPA

Immerse yourself in restorative indulgence at our luxury spa, where holistic wellness meets refined sophistication. Our approach blends science-backed protocols with innovative treatments and dynamic movement programs, each designed to restore balance and elevate vitality. Discover personalized biohacking and recovery experiences tailored to your unique needs, helping optimize performance, enhance recovery and support overall well-being. Step back into the world with clarity, vitality and resilience, fully prepared to thrive in the fast-paced urban tempo.

RELAXATION SPACE

Nourish yourself in the relaxation space. A quiet place to chill, pause or simply be prior to or after your treatments. Enjoy a rotating selection of nourishing snacks and wellness mocktails.

LOCKER ROOMS

The Men's and Women's Locker Rooms offer a complimentary assortment of our curated brand partner products. Experiences include classic Finnish dry sauna, eucalyptus steam room, soothing hot plunge and reinvigorating cold plunge.

WHOLE BODY CRYOTHERAPY

Step into subzero temperatures for a rapid healing and rejuvenation experience. In just 3.5 minutes, cryotherapy can accelerate recovery, reduce inflammation, ease muscle and joint pain, and boost your mood, leaving you invigorated and refreshed.

INFRARED SAUNA

Relax in the warmth of full spectrum infrared light, which penetrates deep into tissues to detoxify, increase circulation and relieve sore muscles. This gentle yet powerful therapy supports overall wellness while promoting relaxation and renewal.

COLD PLUNGE

Take a brisk dip to mobilize blood flow, release endorphins and stimulate the nervous system. The cold plunge invigorates the body, enhances recovery and provides a refreshing energy boost.

HOT PLUNGE

Soothe tired muscles by immersing in therapeutic warm water, which relaxes muscles, eases tension and promotes circulation, leaving the body calm.

LEG COMPRESSION THERAPY

Sit back, relax and recharge your legs with our pneumatic compression system, designed to enhance wellness, accelerate recovery, improve training and maximize performance.

IV NUTRIENT THERAPY

Replenish your body with fluids, electrolytes, essential nutrients, vitamins and minerals to feel better, faster. Whether you're looking to increase energy, support immunity, boost metabolism, or optimize performance, our therapy helps you achieve your wellness goals. Enjoy your session in our relaxation lounge, guided by experienced Nurse Practitioners, Physician Assistants or Registered Nurses dedicated to your health and well-being.

SPA ETIQUETTE

To enjoy your spa experience to the fullest potential, please familiarize yourself with the Spa Etiquette Guidelines.

ENVIRONMENT

The Spa is a luxurious environment of tranquility and relaxation for adults. You will enjoy full access to our luxurious spa amenities with a treatment of one hour or longer. For your peace of mind and privacy, cell phones and other electronic devices are not permitted in our facilities. Swimsuits are required for usage of our wet facilities.

RESERVATIONS

To ensure we can accommodate your preferred time and service, please reserve your appointments in advance. When booking, please inform our Reservation Agent of:

- Any allergies or medical conditions, including pregnancy
- Gender preference for your service provider or if you would like to request a specific provider

For a seamless and exceptional experience, a 22% service charge will be applied to each service, which includes gratuities for the spa team members.

ARRIVAL

Please arrive 15–30 minutes before your scheduled treatment to enjoy our facilities and begin to unwind. Your reservation is held exclusively for you, and arriving late may reduce the time available for your treatment, which can lessen its effectiveness and your overall experience. To ensure the next guest is not delayed, treatments will conclude at the originally scheduled time and the full value of your treatment will still be applied.

MINIMUM AGE

Our spa and fitness environment lends itself to adults only. Wellness guests 18 years and older are welcome in all areas of the spa, including locker rooms, treatments and fitness. Identification may be required.

CANCELLATION POLICY

All spa services are secured with a valid credit card or room confirmation number. As your treatments are reserved exclusively for you, we kindly request that you notify us at least 24 hours in advance to reschedule or cancel. This allows us to maintain a seamless experience for all guests. Cancellations or no-shows within 24 hours will incur the full-service fee.

RESERVATIONS

To reserve your spa appointment, visit us at globalambassadorhotel.com, call 480.697.6202 or email thespa@globalambassadorhotel.com.

GIFT CARDS

Give the gift of wellness. Spa gift cards are available in any denomination online or at The Spa.

SKIN

Bespoke Signature Facial
60 MIN MON-THURS 265 60 MIN FRI-SUN 285
90 MIN MON-THURS 390 90 MIN FRI-SUN 420

The Method by Augustinus Bader
60 MIN MON-THURS 265 60 MIN FRI-SUN 285
90 MIN MON-THURS 390 90 MIN FRI-SUN 420

Men's Facial by Augustinus Bader
60 MIN MON-THURS 265 60 MIN FRI-SUN 285
90 MIN MON-THURS 390 90 MIN FRI-SUN 420

Oxylight Lift & Sculpt
60 MIN MON-THURS 350 60 MIN FRI-SUN 370
90 MIN MON-THURS 525 90 MIN FRI-SUN 550

Biologique Recherche Bespoke
60 MIN MON-THURS 285 60 MIN FRI-SUN 305
90 MIN MON-THURS 425 90 MIN FRI-SUN 455

Environ Age-Defying Skin Ritual
60 MIN MON-THURS 265 60 MIN FRI-SUN 285
90 MIN MON-THURS 390 90 MIN FRI-SUN 420

U Beauty Siren Glow Facial
60 MIN MON-THURS 265 60 MIN FRI-SUN 285

SKIN ENHANCEMENTS

Dermaplane 75 LED Mask 55
Oxylight Sapphire Facial Wax 45
Modalities 55 *No Additional Time

BODY

Mova Brazilian Lymphatic Massage & Sculpt
60 MIN MON-THURS 285 60 MIN FRI-SUN 305
90 MIN MON-THURS 425 90 MIN FRI-SUN 455

Biologique Recherche Customized Body Exfoliation
60 MIN MON-THURS 265 60 MIN FRI-SUN 285

Biologique Recherche Silhouette Shaper
90 MIN MON-THURS 395 90 MIN FRI-SUN 425

U Beauty Resurfacing Body Glow Treatment
60 MIN MON-THURS 265 60 MIN FRI-SUN 285

BEAUTY ENHANCEMENTS

Eyebrow Shape & Tint Blowout
30 MIN 80 45+ MIN 85
IN-ROOM 125

Makeup
45+ MIN 185+

MASSAGE

Bespoke
60 MIN MON-THURS 260 60 MIN FRI-SUN 280
90 MIN MON-THURS 390 90 MIN FRI-SUN 420

Deep Tissue
60 MIN MON-THURS 260 60 MIN FRI-SUN 280
90 MIN MON-THURS 390 90 MIN FRI-SUN 420

Global Traveler
90 MIN MON-THURS 395 90 MIN FRI-SUN 425
120 MIN MON-THURS 525 120 MIN FRI-SUN 550

Sleep + Restore
60 MIN MON-THURS 275 60 MIN FRI-SUN 295
90 MIN MON-THURS 415 90 MIN FRI-SUN 440

Structural Longevity
90 MIN MON-THURS 420 90 MIN FRI-SUN 440
120 MIN MON-THURS 555 120 MIN FRI-SUN 580

Reflexology
60 MIN MON-THURS 260 60 MIN FRI-SUN 280

Acupuncture Integration
60 MIN MON-THURS 280 60 MIN FRI-SUN 300
90 MIN MON-THURS 420 90 MIN FRI-SUN 450

Reiki or Craniosacral Therapy
60 MIN MON-THURS 260 60 MIN FRI-SUN 280

Expecting
60 MIN MON-THURS 265 60 MIN FRI-SUN 285
90 MIN MON-THURS 395 90 MIN FRI-SUN 425

MASSAGE ENHANCEMENTS

Full Body Dry Cryotherapy
Brushing* 80 UP TO 3.5 MIN 30

Full Spectrum Infrared Sauna
CBD Relief* 65 30 MIN 40
Hot Stone* 65 60 MIN 80

Magnesium* 65 *No Additional Time

BODY + MIND

Private Personal Training
Single 60 MIN 150

Personal Training Session for 2
60 MIN 250

Personal Training Session for 3
60 MIN 300

Personal Training Session for 4
60 MIN 350

Private Fitness or Yoga Class
Up to 10 people
45 MIN 350 60 MIN 400 90 MIN 600

FORMA REFORMER

Private Pilates Class 60 MIN 400
Duet Pilates Class 60 MIN 200 per person
Group Pilates Class 60 MIN 100 per person

Guided Small Group Hikes
Up to 5 people 120 MIN 600
6+ People 120 MIN 120pp

RECOVERY

Cryotherapy
UP TO 3.5 MIN 30

Full-Spectrum Infrared Sauna
30 MIN 40 60 MIN 80

IV Hydration Variety of Infusions
60 MIN 145+

Therabody Recovery Compression
30 MIN 40

PEMF Therapy
30 MIN 40

Biohacking Circuit
Compression Therapy, PEMF, LED Mask,
Cryotherapy, Infrared Sauna
90 MIN Hotel Guests 250 Locals 350

CLASSES

Hotel Guests

The Ness Bounce & Sculpt 60 MIN 35

HIIT POWR 60 MIN 35

Yoga 60 MIN 35

Forma Pilates

Reformer 60 MIN 85 Locals & Hotel Guests

Mat 45 MIN 60

One complimentary Bounce & Sculpt, HIIT or Yoga class for two guests per day is included in the property fee. Additional classes will be charged per guest as listed. Forma Mat Pilates is available to hotel guests only and will be charged per guest as listed above. Forma Pilates Reformer is available to hotel guests and locals with a referral and will be charged per guest as listed above.

*Spa pricing is based on demand and peak periods. To provide a seamless experience for our guests, a 22% service charge will be added to each service. This includes gratuities disbursed to the spa staff who assist you during your visit. Kindly note we are cashless.